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# HELPING OTHERS

## What does the Bible say?

 **SUGGESTED SCRIPTURES**

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- LUKE 6:36-49
- GALATIANS 6:1-10
- JAMES 5:10-16

Who comforts us in all our tribulation, that we may be able to comfort those who are in any trouble with the comfort with which we ourselves are comforted by God.

**2 CORINTHIANS 1:4**

Often times, loss and grief lead to deeper compassion. It opens our heart to the needs around us, and we see a clearer picture of the world outside our own.

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**Giving is good for the giver in that when we help others, it helps our own heart to heal.**

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Find ways to give joy so you, in turn, can receive joy. When you do, as you move forward in your own reconciliation, you give hope to those who are behind you.

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**Allow yourself to be the light so others can see in the dark, just as Christ did for us.**

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## What does the Bible say about helping others who are suffering?

**Has your own loss expanded your compassion toward others? If so, what scriptures do you find helpful?**

**MY SCRIPTURES:**

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**MY ANSWER:**

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