SUFFERING & ANGER

What does the Bible say?

SUGGESTED SCRIPTURES

- ❑ 2 SAMUEL 18:33 19:4
- ❑ JAMES 1:18-20
- ❑ 1 PETER 5:6-10

For his anger lasts only a moment, but his favor lasts a lifetime; weeping may stay the night but rejoicing comes in the morning.

PSALM 30:5

Anger is a natural human response to pain. The death of someone we love causes severe pain and much suffering of body, mind and spirit. Healing is not easy.

The Bible teaches that healing comes from God.

We mend best when we leave anger and find understanding and forgiveness through our faith.

Pain may never stop, but how we manage that pain is what will end our suffering.

When we turn to God for our strength, we find a new self.

Even through pain and suffering, joy and life are obtainable in Christ.

What does the bible say about suffering and anger?

Do you feel angry that your loved one died? If so, what scriptures do you find helpful?

MY SCRIPTURES:

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MY ANSWER:

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